

TREATMENTS AND RITUALS

EUROTEL ALTURA

by Thalgo



SIGNATURE RITUALS

TRAVEL THROUGH THE ATLANTIC • 50 min _____ **75€**

An exclusive ritual starting with an aromatic candle massage with essential oils, designed to moisturise and relax. Includes cleansing and moisturizing face mask.

TRIP TO THE EAST • 50 min _____ **75€**

A ritual using bamboo sticks perfumed with essential oils, designed to drain toxins and relax. A journey for lovers of intense and vigorous massages.

TRIP TO THAILAND • 50 min _____ **75€**

A sensory journey with effleurage, pressure and stretching in a Thai-inspired salt and lavender pinda massage, to relieve tension and restore your energy balance.

TRIP TO INDIA • 80 min _____ **95€**

A complete body relaxation ritual from India that includes body exfoliation and a massage with cedar and patchouli aromas, using shea butter, wheat germ oil and sacred lotus extract. The ritual ends with an incredible Indian head massage.

TRIP TO POLYNESIA • 80 min _____ **95€**

A ritual that combines beauty with well-being, consisting of a coconut oil and Bora Bora white sand exfoliation and a massage using monoi and vanilla oil. An oil containing mother-of-pearl particles is applied at the end for an instant glow.

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MASSAGES

EUROTEL MASSAGE • 50 min _____ **70€**

Customizable massage with relaxing and moisturizing effects.

RELAX MASSAGE • 25/50 min _____ **38€ | 65€**

Massage with relaxing essential oils, designed to restore balance to body and mind.

DEEP TISSUE MASSAGE BACK/FULL BODY • 25/50/80 min _____ **40€ | 70€ | 90€**

Deep-tissue massage, ideal for relieving stress and muscular tension.

FEET REFLEXOLOGY • 40 min _____ **45€**

Treatment designed mainly to prevent and remedy bodily ailments, using pressure on the reflex points of the feet.

HOT STONES MASSAGE • 75 min _____ **80€**

A relaxing massage using heat from basalt stones to reach deep into muscles.

LYMPHATIC DRAINAGE • 50/80 min _____ **65€ | 85€**

Massage with a specific technique along the lymphatic system: extremely effective for reducing fluid retention. Ideal for tired and swollen legs.

MOTHER-TO-BE • 50 min _____ **70€**

Massage using safe relaxation techniques to help relieve lumbar tension, and lymphatic drainage techniques to help reduce fluid retention.

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BODY TREATMENTS

BODY SCRUB • 25 min _____ **35€**

Body exfoliation with sand, salt and coconut shell with vanilla extracts.

TIRED LEGS TREATMENT • 45 min _____ **50€**

Treatment made with refreshing and invigorating essential oils in the legs and feet, to reduce fatigue and muscle fatigue.

SEAWEED BODY WRAP • 50 min _____ **65€**

Body wrap of algae with natural marine actives that act in depth to detoxify, reaffirm and slim the body.

ANTI-CELLULITE TREATMENT • 50 min _____ **70€**

A treatment that enhances the elimination of toxins, improves circulation and decreases fluid retention, purifying the body and reducing cellulite.

ESSENTIAL TOUCHES

SPA MANICURE, SPA PEDICURE AND WAXING

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THALGO FACIAL TREATMENTS

ANTI-AGE • 80 min _____ **98€**

Rich in marine active ingredients, this is an anti-aging luxury treatment using hand techniques.

DEEP CLEANSING • 80 min _____ **80€**

Suited for all skin types, it deep-cleans and unblocks pores, restoring the skin's balance and leaving it ready to beat stress and environmental irritants. Includes extraction.

HYDRATING • 50 min _____ **75€**

Designed for dry, dehydrated skin, it restores elasticity and moisturises your skin, leaving it feeling fresh and light.

SENSITIVE SKIN • 50 min _____ **75€**

The super-smooth texture of this soothing treatment brings instant comfort to sensitive skin, reducing hypersensitivity, tension and capillary fragility.

PURIFYING • 50 min _____ **75€**

Designed for oily and problematic skin, this treatment helps to deep clean the skin, allowing it to return to its normal function and preventing the formation of blemishes.

FACIAL DETOX FOR MEN • 50 min _____ **75€**

A facial designed especially for male skin, this detoxing and energising treatment is tailored to the specific needs of each skin type.

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GENERAL INFORMATION

OPENING HOURS

Monday to Saturday 9 am – 8 pm Sunday 9 am – 7 pm

DAILY ENTRANCE VITALITY AREA

Adults - 7,50€

Children 4-14 years - 4€

Children 0-3 years - Free

Exclusive access to the hotel's guests.

Mandatory use of swimming cap - 3€

If you do any Spa treatment, the access to the Vitality Area will be included on the same day.

GYM

Free for all hotel guests.

ZEN ATMOSPHERE

The atmosphere in the Spa is one of pure relaxation and calm. Please respect the privacy and peace of all visitors and guests in every part of the Spa, Vitality Area and Gym.

LOST AND FOUND

The Spa is not responsible for any valuable objects lost on its premises at any time. All recovered objects will be handed in to the Hotel Reception.

CONTACTS

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HOW TO SPA

CHOOSE AND BOOK A RITUAL

If you need help choosing a treatment, please contact the Spa reception. Additional details may help you to decide based on the effects you wish to achieve. All treatments are subject to prior booking.

SPA CHECK-IN

We advise that you arrive at least 10 minutes before the allocated time, so that you can make use of the Spa facilities and fill out the health questionnaire. Late arrival will limit your experience.

CANCELATION POLICY

Failure to attend an appointment without prior notice or cancellation less than 6 hours in advance will result in payment of the experience in full.

SILENCE

Your time at the Spa is intended to be a relaxing experience. We therefore ask that you switch off your mobile phone and keep noise levels to a minimum in corridors and treatment rooms.

HEALTH CONDITION

When booking an appointment, please inform us of any health conditions, allergies or injuries that may affect or preclude your choice of treatment.

PREGNANCY

We have specific treatments for future mums or mothers who are still breastfeeding. Our team at the Spa can help you choose the most suitable treatment during this special time.